

# Build-a-Future

Main Road, West Ashby, Horncastle, Lincolnshire, LN9 5PT 01507 524015

## Sex & Relationships Education Policy



This policy is informed by DfE statutory guidance and advice (2000)

### 1 Definition

Sex and Relationship Education (SRE) is part of the lifelong learning about physical, moral and emotional behaviour. It is about the understanding of the importance of stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity.

Build-a-Future (BAF) aims to provide young people with relevant and appropriate information in order that they are able to make safe and informed choices about their own behaviour and lifestyles.

We aim:

- To provide opportunities for learners to discuss and understand the importance of developing safe, stable and loving relationships.
- To promote an awareness that successful relationships are strengthened by trust, mutual respect and shared decisions.
- To develop learners' knowledge and understanding about the biological facts related to human growth and development including reproduction and contraception.
- To develop learners' knowledge and understanding about sexuality and sexual health.
- To signpost relevant health services that are available, and to ensure that they know how to access these services.
- To provide opportunities for learners to develop an understanding of and respect for difference, including gender, sexuality, disability, culture, beliefs and ethnicity.
- To raise awareness of risk and to enable learners to develop the skills necessary to protect themselves from exploitation.
- To provide learners with the opportunities to develop a greater understanding of the consequences of their decisions and actions.
- To present a clear understanding of the arguments for delaying sexual activity and resisting pressure.
- To connect sex and relationship education with issues of peer pressure and other risk-taking behaviour, such as drugs, smoking and alcohol.
- To ensure learners understand how the law applies to sexual behaviour and relationships.

### 2 Delivery of SRE

The delivery of sex and relationship education is not the sole responsibility of schools. Parents and members of the wider community have much to offer. Health professionals, youth workers, peer educators and the police will also have a part to play in delivering sex and relationship education.

Elements of the SRE curriculum are delivered through the PSHE sessions. In addition, local Health professionals will also be invited to support or deliver sessions on puberty, contraception and sexual health. Teachers delivering SRE sessions will be given appropriate training, guidance and support.

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### 3 Information and Rights of Parents and Teachers

Parents should be made aware of what is taught in Sex and Relationship Education. Prior to delivery of specific sessions parents should be informed and are welcome to review the materials used.

Parents also have the right to withdraw their children from all or part of the sex and relationship education provided at BAF except for those parts included in the statutory National Curriculum. BAF will then make alternative arrangements for these learners. BAF asks that requests to withdraw learners should be made in writing.

The Circular 5/94 Education Act 1993: Sex Education in Schools does not give teachers the same rights as parents concerning withdrawing themselves from involvement in sex education lessons. However, if a teacher, after consultation, feels unable to participate adequately, he or she need not do so.

### 4 Other provision

In addition to the delivery of SRE BAF will also provide learners with access to appropriate Health services. This can include access to the School Nurse and a range of other professionals appropriate to the age, need and context of BAF.

BAF will pay due regard to learners' rights to confidentiality, but will always take the safety and well-being of learners into account.

### 5 Monitoring, Evaluation & Review

It is important BAF ensures that the delivery of SRE is regularly reviewed and updated in line with best practice advice. BAF works closely with the Local Authority and Health professionals, including the School Nurse service. Feedback from staff, learners and parents is also valuable.